



## Care Assistant Job description

### Job Overview

We are seeking compassionate and dedicated Home Assistants to provide essential support to individuals in their homes. The ideal candidate will play a vital role in enhancing the quality of life for our clients by assisting with daily activities and ensuring their comfort and safety. This position requires effective communication skills, a caring attitude, and the ability to follow care plans meticulously.

### Duties

- Assist clients with daily living activities, including personal care, meal preparation, and medication management.
- Implement and follow individual care plans tailored to each client's needs.
- Maintain a clean and safe environment for clients by performing light housekeeping tasks.
- Communicate effectively with clients, families, and healthcare professionals to ensure continuity of care.
- Drive clients to appointments or social activities as required.
- Support clients in engaging with their community and maintaining social connections.
- Document client progress and any changes in condition accurately.
- Utilise IT systems for scheduling, reporting, and communication purposes.

### Qualifications

- Previous experience in home care or a similar role is preferred but not essential.
- Strong understanding of care plans and the ability to implement them effectively.
- Excellent communication skills in English, both verbal and written.
- A valid driving licence is desirable for transporting clients as needed.
- Ability to work independently as well as part of a team.
- Empathy and patience when dealing with clients from diverse backgrounds.
- Basic IT skills to navigate electronic documentation and communication tools.

This role is ideal for individuals who are passionate about providing high-quality care in a home setting while making a positive impact on the lives of others.

Job Types: Full-time, Part-time

### Schedule:

- Monday to Friday
- Weekend availability

Work Location: In person

Driving is preferred but not essential.